# "THE SEA AT YOUR FINGERTIPS"

Chef Nicolas Sintes x Chef Valentin Fabry





## **STARTERS**

# Artichoke salad 36 Pata Negra ham, summer truffle, arugula and parmesan cheese Eggplant caponata 26 dried apricots, roasted pine nuts, caper flowers and fennel Buffalo milk burratina 28 multi-coloured tomatoes, nectarine, Kalamata olives, basil, sumac Rock octopus salad 34 zucchini, candied tomatoes and lemon Mediterranean sea bass carpaccio 48 Greek-style cucumber, peppermint, Royal Siberian caviar





"Calamarata" pasta	32
with Florence eggplant, candied cherry tomatoe	S,
garlic and basil and sheep cheese	
•	
Arborio Risotto	42
caramote tiger prawns, preserved lemon, tarragon bisque jus	
•	
John Dory	54
purple artichokes, grilled potatoes, candied tomatoes and olives	
•	
My bouillabaisse	50
"bourgeoise" and boneless, saffron potatoes,	
"rouille" garlic sauce	
•	
Catch of the day	
•	
fish	18/100g
fish lobster	18/100g 21/100g
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lobster	21/100g
lobster • Free-range poultry	21/100g
lobster  •  Free-range poultry  Mona Lisa potato gnocchi, parmesan cheese,	21/100g
lobster  •  Free-range poultry  Mona Lisa potato gnocchi, parmesan cheese,	21/100g
Free-range poultry  Mona Lisa potato gnocchi, parmesan cheese, chanterelles mushrooms, chicken jus	21/100g 36
Free-range poultry  Mona Lisa potato gnocchi, parmesan cheese, chanterelles mushrooms, chicken jus  Grilled beef fillet	21/100g 36
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# **DESSERTS**

Apricot sarriette thyme sorbet, fresh and tangy, salt flower crumble, light ricotta cream	18
•	
Raspberry stewed with fresh tarragon, crunchy meringue, raspberry sorbet, yoghurt and vanilla espuma	18
•	
Organic vanilla from Madagascar crunchy bean, light cream and intense almond praline	20
•	
Cocoa bean infused in ice cream, blackberry and cherry jam, crispy cocoa tuile, gourmet caramel	20







### **OUR SUPPLIERS**

As the sun sets over the majestic Cap Canaille, allow yourself to be guided by our Executive Chef, Nicolas Sintes, on a unique gastronomic journey. His cuisine celebrates local ingredients and the treasures of the Mediterranean, shaped by the seasons and his creative inspirations. To conclude, indulge in the exquisite creations of our Pastry Chef, Valentin Fabry. The beauty of the landscape and the gentle rhythm of the shore set the scene for an evening of passion and delight.



Gourmand de nature - Provençal vegetables 13 630 - Eyragues

La Maison Giol – shellfish  $\delta$  crustaceans 83 500 – La Seyne-sur-Mer

Auvrai – ethically raised poultry and sun-kissed fruits  $\delta$  vegetables  $\,$  13 600 - La Ciotat  $\,$ 

La Ferme Quyvie - young leaves and edible flowers 82 320 - Varen



lkejime – locally sourced fish 13 600 - La Ciotat

Le Moulin Meti d'Oli – committed  $\delta$  sustainable olive oil 13 600 - La Ciotat

Maison Lemarié - master affineur curating our artisanal cheese selection 13 100 - Aix-en-Provence

> Maison Calvisius Calvisano, Lombardie - Italie







### Reservations

04 42 01 01 05

Opening hours: 12pm-2pm & 7pm-10pm



Prices in euros including VAT and service

The menu shown is for reference only and may be subject to changes between your online consultation and your on-site experience