



THE SPA



sisley
PARIS



TREATMENT MENU



LES ROCHES
BLANCHES

CASSIS

THE SPA

LES ROCHES BLANCHES

Nestled among pine trees and perched on the rocky cliffs, this wellness oasis offers a unique experience where innovation, personalization, and sensory indulgence come together. Overlooking the sea with a view of the Cap Canaille, the Spa features four treatment rooms including two double rooms with a sea view, a bright relaxation area, an elegant mosaic-tiled hammam and a fitness room.



SISLEY

CONCEPT & PHILOSOPHY

Immerse yourself in the sensory world of Sisley, an exceptional brand that combines the power of plant extracts with care rituals inspired by traditions from around the world.

Opening hours

Monday to Sunday, from 10AM à 7PM.

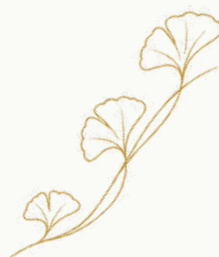
Reservations / Information

+ 33 (0)4 42 01 63 04

or by e-mail at spa@roches-blanches-cassis.com

or dial 300 from your hotel room.

FACIAL TREATMENTS



EXPERT PHYTO-AROMATIC FACIALS

Fully personalized, Sisley Phyto-Aromatic Treatments take you on an exceptional sensory journey. An indulgent escape designed to refresh your complexion, restore a radiant glow, tighten pores, and provide an ultimate feeling of comfort.

60 minutes - €185

SISLEY EXCEPTIONAL TREATMENTS

PHYTO-AROMATIC SUPREME ANTI-AGING FACIAL

Sisley has designed a 90-minute treatment incorporating 20 minutes of muscular remodeling to instantly revitalize the skin. Using an exclusive sequence of highly effective massage techniques, its protocol includes Sisley's Supreme Anti-Aging Skin Care Supremya - At Night. The features seem redefined, lines are smoothed, skin is more toned.

90 minutes - €260

PHYTO-AROMATIC REPLUMPING YOUTH FACIAL WITH ROSE

A timeless experience offering an exceptional feeling of well-being. A true beauty rendez-vous, deliciously and naturally rose-scented, this gentle and pleasant journey relaxes the face, smoothes features and reveals the skin's radiance. The complexion is fresher, the skin is replumped and signs of fatigue and age are smoothed away.

90 minutes - €260

PHYTO-AROMATIC SISLEYA FACIAL

In 90 unforgettable minutes, the Phyto-Aromatic Sisleya Facial offers a complete treatment involving sophisticated procedures, with in-depth remodeling and the restoring of a youthful skin. Fine lines and wrinkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier.

90 minutes - €260

ADD - ON

*As a complement to your
Sisley facial treatment
30 minutes - €100 - of your choice*

PHYTO-AROMATIC SUPREME REJUVENATING EYE TREATMENT

This treatment targets wrinkles, dark circles, puffiness, and eyelid sagging to leave the eye area looking refreshed, smoothed, and visibly rejuvenated.

REFLEXOLOGY

Restore energy balance and release tension.

TAILOR-MADE MASSAGE

A targeted response to the body's needs.



MASSAGES

TAILOR-MADE

Let yourself be enveloped in a fully bespoke massage experience: carefully focused areas, subtly adjusted pressure, and a rhythm of movements flowing in perfect harmony... for a moment of deep relaxation, guided solely by your senses.

60 minutes - €185
90 minutes - €260
120 minutes - €350

MADEROTHERAPY

Maderotherapy combines wooden tools with expert techniques to stimulate circulation, smooth and tone the body. A rhythmic, revitalizing treatment that brings a sense of lightness, harmony, and lasting well-being.

60 minutes - €185

REFLEXOLOGY

Inspired by traditional Chinese techniques, reflexology stimulates specific points on the feet to rebalance the body's energy and promote deep relaxation. A soothing treatment that encourages letting go and overall well-being.

60 minutes - €185

ADD - ON

*As a complement to your massage
30 minutes - €100 - of your choice*

BODY SCRUB

Skin left clear, refined, and silky-soft, with an unexpectedly relaxing effect.

BODY WRAP

Rehydrated and toned, your skin regains its full comfort.

PHYTO-AROMATIC DISCOVERY FACIAL

Perfect before an evening out or anytime during the day, this treatment visibly reduces signs of fatigue and stress, revealing a refreshed face and a radiant, glowing complexion, instantly.

MASK BAR

Hydrating
Purifying
Anti-Aging
Revitalizing Eye Contour
Hand Repair
Foot Repair

Additional €25

ENHANCEMENTS

Candle Massage
Hot Stones
Cooling Spheres

Additional €15

THE EXCEPTIONAL SIGNATURE RITUAL LES ROCHES BLANCHES

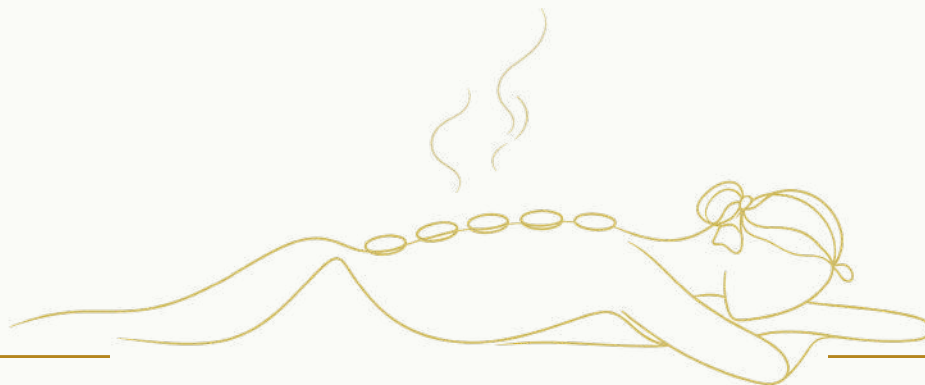


Let yourself be transported for a moment by our signature ritual, a true escape into relaxation, combining deep, enveloping massage techniques, gentle stretching, and warm stones to release tension.

This suspended moment continues with a Sisley facial treatment, bringing complete relaxation to both body and mind.

Relaxing Hot Stones Massage - 60 minutes
The Phyto-Aromatic Discovery Facial - 30 minutes

90 minutes · €290



SOUND HEALING



PRACTICE

Originating from Eastern traditions, sound therapy uses sonic vibrations—crystal singing bowls, gongs, and tuning forks, to induce a state of deep relaxation. These waves move through the body, soothing the nervous system and releasing both physical and emotional tension. A fully immersive sensory experience, accessible to all, with lasting benefits: reduced stress, improved sleep, and restored energetic balance.

PRACTITIONER

Hélène, a yoga teacher and sound therapy practitioner, guides you through a holistic approach to well-being. Trained in India, she invites you each morning to an hour of yoga followed by a sound bath, by the Infinity pool, to begin the day mindfully while facing the sea. A privileged experience, included for hotel guests and available by reservation for outside visitors.

SOUND HEALING

-to complement your facial or body treatment-

60 minutes - €140

60 minutes - €200 - for two

PRIVATE SOUND THERAPY SESSION

45 minutes - €140

45 minutes - €200 - for two

subject to availability



OFFERS

SWIM & SPA

This exceptional ritual includes a 60-minute Bespoke Massage in the heart of our Sisley Spa, fully tailored to your needs and sensations, for deep relaxation of both body and mind.

Extend this experience at your leisure with access to our two heated outdoor pools, the Mediterranean Sea, as well as our enveloping hammam and fitness room.

€245

subject to availability

BREAKFAST & SPA

Savor a refined breakfast within our establishment, then let yourself be carried away by a 60-minute Bespoke Massage in the heart of our Sisley Spa, for a deeply relaxing experience.

€225

BRUNCH & SPA

Savor the iconic Sunday brunch at Les Roches Blanches, a true invitation to indulge in an exceptional setting. Continue this moment of relaxation with a 60-minute Bespoke Massage in the heart of our Sisley Spa, designed to release tension and restore an overall sense of well-being.

€300

exclusively on Sundays

LUNCH & SPA

Savor a lunch at Le Loup Bar, featuring Nikkei cuisine, in an elegant setting conducive to relaxation. Continue this moment of well-being with a 60-minute Bespoke Massage in the heart of our Sisley Spa, designed to release tension and provide a deep sense of serenity.

€270



BEAUTY TREATMENTS

SISLEY MAKEUP BAR

Post-treatment beauty touch-up

10 minutes - €35

Day makeup

30 minutes - €75

Evening makeup

60 minutes - €120

NAIL BAR

Manicure or Pedicure Beauty Treatment

Nail care, cuticle treatment, and hydration
30 minutes - €75

Exceptional Ritual for Hands or Feet

Nail care, exfoliation, and massage
60 minutes - €130

Classic Nail Polish Application

20 minutes - €30

Semi-Permanent Nail Polish Application

30 minutes - €60

Semi-Permanent Nail Polish Removal

15 minutes - €45

HAMMAM

Steam helps to clear the mind and encourage deep relaxation. Muscles loosen, and the skin's pores open, allowing for better absorption of the treatments that follow.

HAMMAM - 1 GUEST

60 minutes - €50

HAMMAM - 2 GUESTS

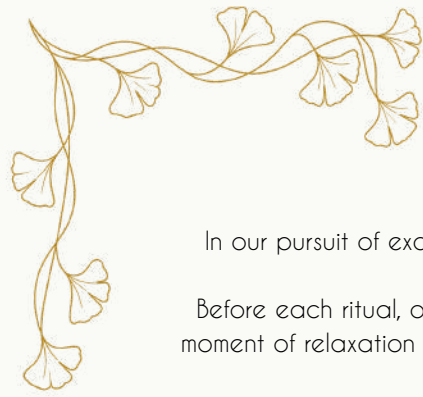
60 minutes - €100

ADD - ON

ORIENTAL SET

Black soap and a kessa glove available during your hammam session
Additional €15





Your well-being and health guide every detail of our care. In our pursuit of excellence, we have reimagined all our practices, protocols, and guest experience to offer you a truly unforgettable moment. Before each ritual, our treatment rooms are prepared with the utmost care, allowing you to fully enjoy a moment of relaxation in complete serenity, within a refined environment that ensures the highest standards of hygiene and safety.

SISLEY SPA TERMS & CONDITIONS

TREATMENT DURATION

To fully enjoy your experience, we recommend arriving 15 minutes prior to your appointment time. The treatment duration indicated includes your time in the treatment room, as well as a consultation with your therapist to fully personalize your experience.

If you wish to take a shower before your treatment, we kindly ask that you do so prior to your arrival.

RESPECT & CONDUCT

Our treatments are strictly dedicated to well-being. Any inappropriate behavior or comments, or any conduct that does not respect the physical or moral integrity of the therapist, will result in the immediate termination of the treatment, without refund.

TRANQUILLITY

Sisley Spa is a place dedicated to well-being and relaxation. We kindly ask you to switch off your mobile phones in order to fully enjoy your experience and respect the tranquillity of other guests.

SPECIFIC HEALTH CONDITIONS

We kindly ask you to inform your therapist of any medical condition or treatment you are currently undergoing or have recently undergone, as well as if you are pregnant or breastfeeding.

The hammam is not permitted for guests under 16 years of age.

Minors must be accompanied by an adult to access the Sisley Spa.

RESERVATION, CANCELLATION & MODIFICATION

To guarantee your preferred time, we recommend booking your appointment in advance.

Out of respect for other guests, we kindly ask you to inform us of any cancellation as soon as possible.

Any cancellation or modification made less than 24 hours in advance will be charged in full.

Late arrival will not extend the duration of your treatment nor entitle you to a price reduction.

Any service provided outside opening hours or outside the Spa will incur a surcharge of 50% of the original treatment price.

LIABILITY

Sisley Spa declines all responsibility for any valuables brought into the Spa.



Discover our digital treatment menu

Scan the QR code to access our full treatment menu, available in a digital format designed for a seamless browsing experience.

You can also book your treatment with ease, at any time, according to your preferences.



Gift Boxes

Offer unique moments: birthdays, anniversaries, weddings.
Discover our gift boxes