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SPA MENU OF ROCHES BLANCHES

www.roches-blanches-cassis.com



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# THE PLACE

# THE ROCHES BLANCHES'

# SPA

On the edge of the rock, hidden in the pines

Let yourself be transported to this well-being parenthesis and live an experience where innovation and efficiency rhyme with personalization, emotion and sensoriality.

Overlooking the sea facing Cap Canaille, The Spa of Roches blanches has four cabins for treatments including a double and a single with sea view, a luminous relaxation area, an elegant mosaic steam bath and of a fitness room.

Find all the expertise of our three emblematic brands SISLEY, ORIGINE, KURE BAZAAR selected for you.

### OPENING HOURS

Monday to Sunday from 9.00 a.m to 8.00 p.m

# INFORMATION & RESERVATIONS

+ 33 4 42 01 63 04 or by email spa@roches-blanches-cassis.com or from your room, please dial #300



# CONCEPT & PHILOSOPHIE

# SISLEY

Discover Sisley's Phyto-Aromatic Treatments and indulge in a wonderful sensorial world. Benefit from the unique "know-how" and experience of a prestigious brand best known for its use of essential oils and plant extracts to create effective products of the highest possible quality. The Sisley Phyto-Aromatic Treatments combine massage rituals from all over the world, created with the respect of local traditions and the power of aromatherapy, to reunify body and mind. The Sisley Phyto-Aromatic Treatments exist in different versions for face and body, each with its own specific massage technique designed to meet the needs of every skin and deepest desire.



# THE EXPERT PHYTOAROMATIC FACIALS



## THE EXPERT PHYTO-AROMATIC FACIALS:

Specially designed to meet the needs of your skin, Sisley Phyto-Aromatic Treatments will transport you to an exceptional sensory universe. Your Sisley beauty expert will provide you with a fully personalized care. A moment of softness and pleasure to reveal a refreshed face, a radiant complexion, a feeling of extreme comfort and tightened pores...

60 MINUTES 180€

### THE EXPERT PHYTO-AROMATIC FACIAL REPAIR AFTER SUN

A deep moment of relaxation for damaged or irritated skin, the "After-Sun" Phyto-Aromatic Repair Treatment is absolutely gentle. The skin is soothed, it regains vitality, comfort and serenity.

60 MINUTES 180€

# THE PHYTO-AROMATIC RADIANCE DISCOVERY TREATMENT

Discover the sensoriality of Sisley facial treatments during a tailor-made well-being and beauty break.

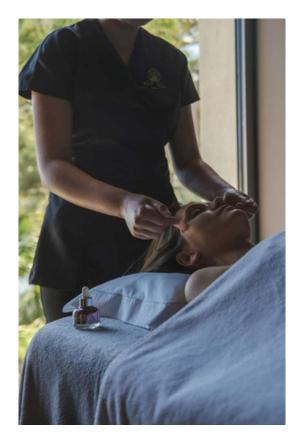
30 MINUTES 95€

# EYE TREATMENT,

# IN ADDITION TO A FACIAL TREATMENT:

Specially designed to enhance your eyes, this targeted treatment relieves fatigue, smoothes fine lines and wrinkles, reduces dark circles and puffiness. This timeless break will provide your eyes with the benefits of several calm nights, and more.

30 MINUTES 90€



# THE PHYTO-AROMATIC SUPREME ANTI-AGING FACIAL

Sisley has designed a 90-minute treatment including 20 minutes of muscular remodeling to instantly revitalize the skin. Using an exclusive sequence of highly effective massage techniques, its protocol incorporates Sisley's Supreme Anti-Aging Skin Care Supremya - At Night. The features appear redefined, lines are smoothed, skin is more toned.

90 MINUTES 240€

# THE PHYTO-AROMATIC SISLEYA FACIAL

In 90 unforgettable minutes, the Phyto-Aromatic Sisleÿa Facial offers a complete treatment involving sophisticated gestures, with in-depth remodeling to restore your youthful skin. Fine lines and winkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier.

90 MINUTES 240€

# THE PHYTO-AROMATIC REPLUMPING YOUTH FACIAL WITH ROSE

A timeless experience offering an exceptional feeling of well-being. A true beauty rendez-vous, deliciously and naturally rose-scented, this gentle and pleasant journey relaxes your face, smoothes features and reveals skin's radiance. The complexion is refreshed, skin is replumped and signs of fatigue and ageing are smoothed.

90 MINUTES 240€

# THE SISLEY BODY TREATMENTS



# THE PHYTO-AROMATIC EXFOLIATING BODY TREATMENT LAVENDER & ROSEMARY

The unique Phyto-Aromatic Exfoliating Body Treatment combines aromatherapy and the effectiveness of an all-over reinvigorating body scrub, for soft and smooth skin. It is recommended before any body treatment.

30 MINUTES 95€ AVEC HYDRATATION 45 MINUTES 135€

# THE SERENITY PHYTO-AROMATIC

This gentle treatment is a real journey that transports you to the heart of an aromatic Californian massage combining hydration with Sisley products.

60 MINUTES 155€ 90 MINUTES 220€

## THE SLIMMING AND FIRMING ENERGIZING PHYTO-AROMATIC

Using advanced technology and Sisley's expert slimming products, this treatment offers the perfect combination of modelling and anti-cellulite actions.

90 MINUTES 220€ CURE OF 3 620€

# SISLEY PRESTIGE RITUAL

Exfoliating Body Treatment

Expert Phyto-Aromatic Facial

Private Steambath

# SISLEY EXCEPTIONNAL RITUAL

Private Steambath

Exfolianting Body Treatment

The Serenity Phyto-Aromatic

The Expert Phyto-Aromatic Facial

2H 280€ 3H 430€

# **EXCEPTIONAL** SIGNATURE TREATMENT OF **ROCHES BLANCHES**

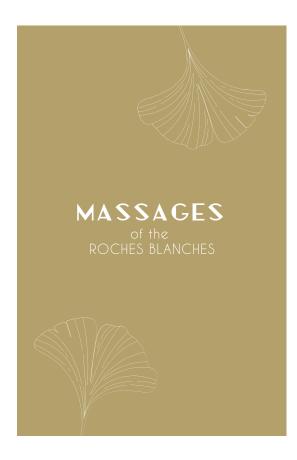
Let yourself be seduced for a moment by our signature ritual; a perfect symbiosis between a relaxing massage with warm shells and a Sisley phyto-aromatic radiance facial treatment.

> Relaxing massage with warm shells 60 minutes SISLEY Phyto-Aromatic Radiance Facial Treatment 30 minutes

1H3O 250€







# LET YOURSELF BE CARRIED AWAY BY THE OLFACTORY UNIVERSE OF OUR BRAND

# ORIGINE°

Born in Provence, near Cassis, Origine® has been working for cosmetic craftsmanship for 10 years and carefully selects the materials, scents and active ingredients that nature offers for authentic and sensory products.

# THE SIGNATURE MASSAGE WITH WARM SHELLS

Let yourself be transported to the heart of the Mediterranean thanks to the soft warm shells

60 MINUTES 160€

## THE TAILOR MADE MASSAGE

Personalize your massage: choose to target the areas of your choice, the intensity of the pressure and the rhythm of the maneuvers

30 MINUTES 90€ 60 MINUTES 155€ 90 MINUTES 220€

# THE DEEP TISSUE MASSAGE

This massage technique supported and carried out on a slow rhythm allows a targeted work of the muscles in depth.

60 MINUTES 160€

# THE DETOX MASSAGE

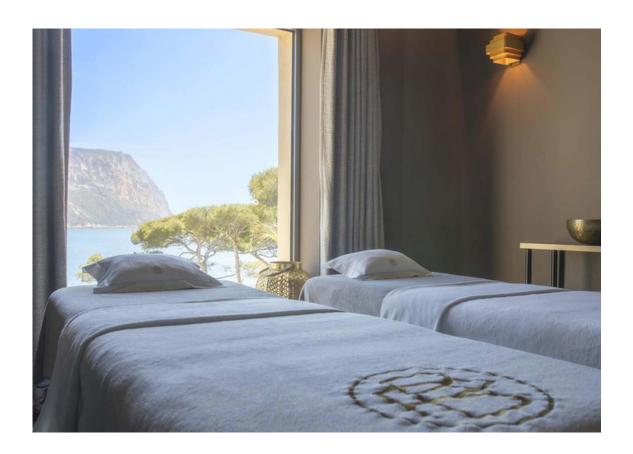
Let yourself be surprised by this invigorating massage thanks to icy balls for a real feeling of freshness and lightness of the legs.

60 MINUTES 160€

# THE MOM-TO-BE MASSAGE

Gentle massage for a moment of connection with your baby while relieving your tensions.

60 MINUTES 155€



# ORIGINE® RITUALS

# DISCOVERY RITUAL ORIGINE

Steam Room 30 minutes

Personalized Massage 60 minutes

1H3O 170€

AFTER SUN RITUAL ORIGINE

Nourishing wrap 30 minutes

Personalized Massage 60 minutes

RITUEL IN PROVENCE ORIGINE

Steam Room 30 minutes

Exfoliating Body Treatment 30 minutes

Personalized Massage 60 minutes

# THE STEAM ROOM

The steam, combined with eucalyptus essences whose properties are known to decongest and soothe, help to free the mind. The muscles relax and the pores of your skin open up to better receive following treatments.

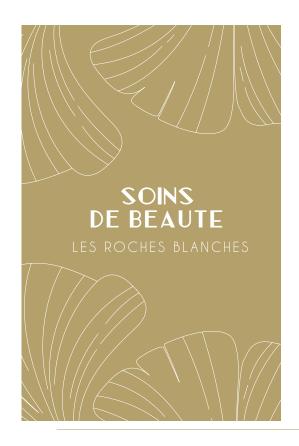
# **ORIENTAL TRAY**

Black soap and kessa glove:

Available in addition to your hammam session

15€/pers





# MANICURE & PEDICURE KURE BAZAAR

Kure Bazaar is the leader of a new generation of nail polish; combining the ethics of an environmentally friendly formula with the vibrant colors of Paris fashion. The exclusive Kure Bazaar formula, with up to 90% of ingredients from natural origin, maintains the vitality of your nails by respecting their natural regenerative cycle.

20 MINUTES 50€

LAPRESS MANICURE OR PEDICURE		
Nail shaping, beauty with mosturizing cream	30 MINUTES	75€
With nail polish	45 MINUTES	100€
EXCEPTIONAL HAND OR FEET RITUAL		
Nail beauty treatment with black soap, exfoliation and massage.	60 MINUTES	120€
With nail polish	75 MINUTES	145€
NAIL BEAUTY TREATMENT AND SEMI-PERMANENT APPL	ICATION	
Nail shapping, cuticle-care and semi-permanent application of your choice	45 MINUTES	100€
REMOVAL OF SEMI-PERMANENT NAIL POLISH	15 MINUTES	45€
REMOVAL AND APPLICATION OF SEMI-PERMANENT NAIL POLISH	60 MINUTES	120€

SHAPE AND COLOR

EXPRESS MANICURE OR PEDICURE



# PROFESSIONAL MAKE-UP

# SISLEY

Cutting-edge technology, formulas enriched with active plant ingredients, ultra-pure pigments, highly effective and sensual textures, luminous shades... Sisley make-up, an experience that enhances your beauty while also caring for your skin.

MAKE UP TOUCH AFTERT CARE 10 MINUTES 35€

NATURAL DAY MAKE UP 30 MINUTES 75€

EVENING MAKE UP 60 MINUTES 1206



# GENERAL INFORMATIONS

### OPENING HOURS

Monday to Sunday from 09.00 A.M to 08.00 P.M

# INFORMATION & RESERVATIONS

By phone +33 (0)4 42 01 63 04 or from you room, dial #300.

The Spa advises you to arrive 20 minutes in advance of your scheduled appointment time. The duration of your treatment also includes reception in the cabin

In-room treatments and in the Hotel Villa are charged with a 50% supplement.

### GIFT BOXES

Birthday, Mother's Day, Father's Day, Valentine's Day Christmas Illeddina Order online at: https://roches-blanchescassis.secretbox.fr/spa-by-sisley.html

### SERVICES UPON REQUEST:

Waxing: Upon request.

A la carte workouts: yoga, pilates, fitness coach.

Privatization of the Spa

## **ACCESS / RESPONSIBILITIES**

Access to our swimming pools is reserved to hotel guests. External clients have access to all treatments, to our fitness area as part of a subscription or reservation and to the steam room as part of a « Ritual Steam Room ». The Spa provides lockers in order to keep your personal items but is not responsible for personal items left in the lackers or inside the Spa

### HEALTH CONDITIONS I AGE REQUIREMENT

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# **CANCELLATION POLICY**

All appointments modified or cancelled less than 24 hours before the booked time will be fully charged. In order to avoid impacting other guests, late arrival to your appointment will limit your treatment time.



