

LES ROCHES BLANCHES

EXCEPTIONAL & CUSTOMIZED
EXPERIENCES

LA CONCIERGERIE



Our Clefs d'Or Concierge service

We have only one desire: to allow you to live a unique unforgettable experience



We are delighted to welcome you to Les Roches Blanches!

It is with great pleasure that we offer you our services to make your stay in Cassis unforgettable!

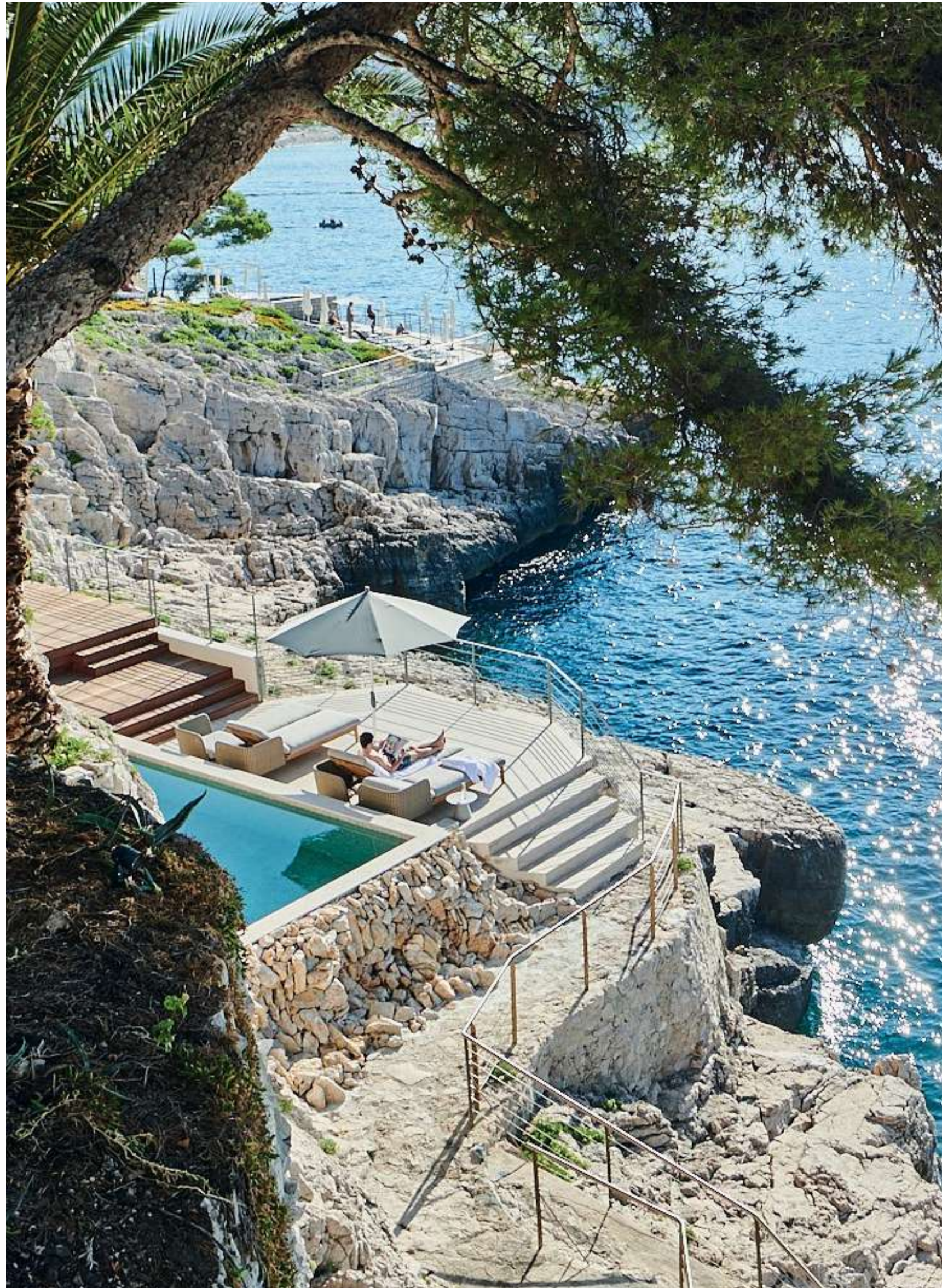
We invite you to find in this booklet a selection of our activities and services.

We will be delighted to provide you more information concerning all the booking methods and the activity of your choice.

We remain at your disposal,

Mattéo, Romain, Florian et Justine
Your Concierges

CONTENT



1. Transport
2. Water experiences
3. Land experiences
4. Air experiences
5. Well-being
6. Culture

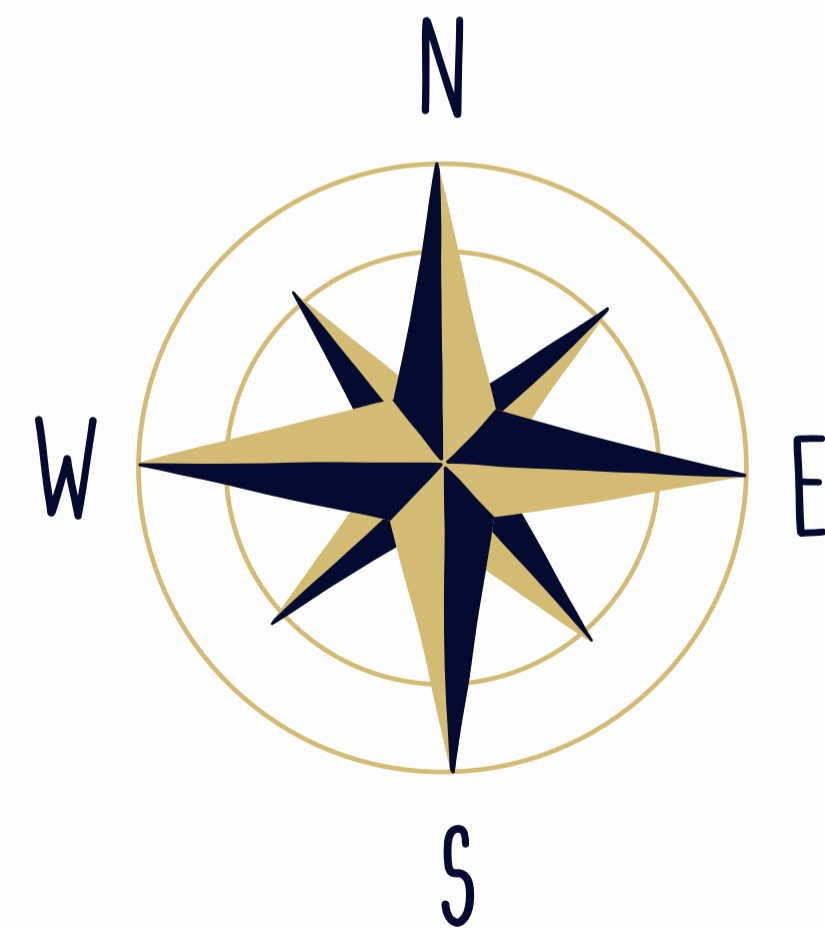


TRANSPORTS

PRIVATE JET

Board on our private jets to the four corners of Europe.
You will thus reach a large number of destinations, in a minimum of time.

We have a fleet of Diamond Aircraft 62 (DA-62), referred to as the “SUV of the air”.



Flight from/to :

PARIS
GENEVA
BARCELONA
IBIZA
CORSICA
ROME
MILAN

and much more...

TRANSPORTS PRIVATE DRIVER

We offer private transfers service throughout France.

We have a fleet of Mercedes E-Class, S-Class and V-Class Minivan.

According to our environmental engagements we also offer some electric car option as wTesla Model S and Tesla Model X.

Our drivers are available to you 24 hours a day, 7 days a week.





CAR RENTAL

For your day trip around the region, we have a wide selection of cabriolet, luxury and vintage car rental:

SEDAN & VAN

Mini Cabriolet
BMW 3 Series ou TESLA Model 3
MINIVAN Mercedes V Class

PRESTIGE

LAMBORGHINI Urus Performante, LAMBORGHINI Huracan Spyder
FERRARI Portofino M, BENTLEY Continental GTC
PORSCHE 992 Turbo S Cabriolet

VINTAGE

COCCINELLE CABRIOLET
1973 Model : the iconic

FIAT 124 SPIDER
1978 Model : the Italian

MG CABRIOLET
1969 Model: the charming English



CALANQUES NATIONAL PARK

The Calanques cliffs are a marvel of nature, nestled between Cassis and Marseille. Between pebble beaches and fine sand, small coves and turquoise waters, this jewel of biodiversity has everything from a postcard.

The park includes 20 creeks, adorned with limestone cliffs, as well as islands, hills and forests, where the fauna and flora are remarkable. This exceptional and unique landscape is a must!

This unique landscape offers the promise of an enchanted break!

Admire the tortuous Aleppo pines, gaze at Bonelli's Eagle soaring above Cap Canaille, or immortalize with a snapshot your discovery of the Sabline de Provence, a protected species that does not exist anywhere else!

Red coral, seahorse, diadem sea urchin or even moonfish, under the surface, you will discover an explosion of shapes and colors.



BOAT EXCURSIONS

YOUR LUNCH ON THE WATER

From a "shack" style to traditional restaurant several options are available to you to liven your day trip on the water up:

Green Island restaurant - La Ciotat

Restaurant on the waterfront, offering Mediterranean cuisine, fish and seafood.

Monkey Bay Restaurant

It is by following the cornice of the Marseille coast "to the end of the world", that you can savor the specialties of the south and the fish of the gulf.

Taste a delicious Mediterranean cuisine while enjoying an endless view of the Big Blue.

Picnic Offer by Nicolas Sintes

Our executive Chef creates a seasonal picnic menu for a relaxed lunch on board.



PRIVATE BOAT RENTAL

ZODIAC & YACHT

Boat rental is the "must do" experience.

We offer a large range of options with or without skipper to discover the Calanques and the wonders of the coast between Marseille and Saint-Tropez.

We personalize each and every request whether you want to sail on a zodiac, a classic "Marseille Pointu" or an exceptional yacht.

Choose your itinerary and explore the creeks of Port Miou, Port Pin, or even En Vau.

Admire the silhouettes of the pines dominating and coloring the scrubland of this typical Provençal landscape.
Delight in the shades of blues that the Mediterranean unfolds.





FISHING

WITH A LOCAL FISHERMAN

Between swimming and beaches, the coast also offers great fishing spots.

Enjoy an excursion in the Calanques or offshore, with Rémi, a local fisherman, on his traditional boat.

This family friendly experience will introduce you to some local fishing techniques combining fun and respect for the nature.

You prefer to take to the open sea to bigger catches?

Let Rémi guides you.

He will share his passion and feed on his valuable advices.

Come back with some super fresh rock fishes.
Our chef will cook your own Bouillabaisse!





SCUBA DIVING ON A PRIVATE BOAT

Discover scuba diving in Cassis in the heart of the ecosystem of the Calanques National Park.

For the first divers or for the experienced ones, a qualified instructor will escort you within the park's underwater beauties. Along the surrounding spots you will discover the sensations of underwater gravity, as well as the aquatic fauna and flora of the Mediterranean Sea.

During this private driving experience lasting 3h30, you will have the opportunity to visit different Calanques onboard of the club's boat. and make a few swimming breaks.



KAYAK RENTAL

A few paddle strokes from Les Roches Blanches will be enough for you to access the magnificent landscape of the Calanques d'En-Vau and Port-Pin.

This unique setting has a remarkable biodiversity and makes the Calanques one of the most famous emblematic sites in the world.

Several formulas offered in single-seater or two-seater kayaks are available with or without a guide.



E - F O I L

R I D E T H E W A V E S

The e-foil is an electric surfboard equipped with a motorised foil that allows it to fly above the water.

This sport, a contraction of stand-up paddle and surf, is becoming increasingly popular.

When you're out on the water, you use a remote control to start the e-foil's electric motor and accelerate.

So you can control your speed and choose how you want to feel.

In our region, this sport is practised all year round.



WATER SPORT EQUIPMENTS

DEPARTURE AT THE HOTEL

Starting from the hotel, from our sea access, discover the richness of the National Park and the unique landscape of the Calanques, while having fun with different equipment.

Enjoy water sports in the Mediterranean waters.

Seabob

Enjoy the feeling of gliding along serenely or driving sportily through the water. Dive in complete safety with the Seabob and move around underwater in complete agility.

Nautical Area

We can provide you with a range of water sports equipment during your stay in Cassis:

- Transparent kayak
- Two-seater kayak
- Paddle
- Pedal paddle
- Electric paddle board



BIKE RENTAL ELECTRIC

At the hôtel we offers electric city bike rental.

Do you prefer mountain biking?

We then organize the rental, with or without a guide!

Several itineraries suggested:

Creeks

Imagine yourself in the heart of this majestic limestone massif over 120 million years old. Our high-end and powerful e-MTBs are perfectly suited to the gravel surface of the National Park.

Vineyards

We have selected a tailor-made “Wine Trip” for you. A true immersion in the heart of the most prestigious wine estates of Cassis punctuating this wonderful local landscape.



WINE TASTING

THE CASSIS' ESTATES

Discover the vine yards of Cassis,
Rewarded PDO since 1936!

SIDECAR

Ride around the village as you've never seen it before aboard your sidecar and cross some great renown vineyards.

VINTAGE CAR

For a bath of nostalgia between land and sea, vineyards and olive trees,
take the wheel or let yourself be driven in vintage car
discovering the natural and wine-growing heritage of Cassis.

MINIVAN

A local passionate wine expert guide will drive around the best region's wine estates.



SIGHTSEEING RIDE

SIDE CAR

Ride on top of the sumptuous Cap Canaille

One of the highest sea cliffs in Europe.
Admire the beauty of the place at sunset and observe the orange colors reflecting on the Mediterranean Sea.

Getaway from Cassis to Marseille via the Gineste road

Discover one of the most beautiful roads in the south of France. Travel through the Calanques National Park aboard your sidecar and marvel at the beauty of the landscape as you reach Marseille.

Discovery from 2 to 7 hours





DRIVING EXPERIENCE

CIRCUIT PAUL RICARD

Pilot the most beautiful "supercars" and real racing cars on the icon Paul Ricard circuit. For your first laps on the track or to improve your driving skills, challenge yourself at the wheel, under the advice of a professional instructor driver.

You can have your adrenaline driving one the GT car such as:

Ferrari F8 tributo, Lamborghini Huracan, Porsche 992 GT3, Porsche Cayman S, Audi R8 V10 RWS, Porsche GT4 RS, Gazoo Racing Yaris GR.



The Paul Ricard circuit in Le Castellet offers you 4 exceptional circuits, from the fastest to the most technical.

The concierge's suggestion:

Try the brand new Ferrari Tributo



EXPERIENCE KARTING & F4

ADRENALINE AU CASTELLET

Karting

Circuit Paul Ricard karting is a unique venue. It meets the same high standards as the Formula 1 circuit just next door.

Get behind the wheel of the latest-generation, high-performance karts and discover top-quality facilities.

There's something for everyone, with a range of courses, advanced training, challenges and much more on offer.

Formula 4

Reserved for those with a real passion for single-seaters and circuit driving, the Formula 4 is the ideal single-seater for moving on from leisure driving to competition.

Its sequential gearbox, controlled from the steering wheel by two paddles, will quickly make it both comfortable and easy to use. The 170hp engine is formidable.



BALADE EN BUGGY

AU DEPART DE L'HOTEL

Randonnée sportive à sensations

Explorez les sentiers dans l'arrière-pays cassidain, et maîtrisez la technique sur des passages sur pistes en terre avec franchissement.

Entre amis ou collègues, découvrez la joie d'une balade en tout-terrain.

Dans des cadres exceptionnels et naturels, de nombreux points de vue s'ouvriront à vous.

Nous offrons une expérience de trois heures encadrée par un moniteur accompagnée d'une collation.





TENNIS ET PADEL

THE CLUBS OF CASSIS

The Tennis Club of the Presqu'île

One of the most incredible clubs in the world. Located on the very edge of the sea and close to the creeks, the setting offered by the club is unique.

3 padel courts, 4 tennis courts, the sports club is one of the essentials for racket sports enthusiasts.



Sporting Club Cassis Tennis & Padel

Located in the heart of the Gorguettes sports park, the Sporting Club of Cassis welcomes you to 9 tennis courts, 6 in resin, 3 in synthetic grass, and 2 Padel courts.

Come and play in the footsteps of Jo-Wilfried Tsonga and Lucas Pouille!



GOLF

FREGATE PROVENCE & COUNTRY CLUB

Designed by the American architect Ronald Fream and built in 1992, the Frigate Provence Golf & CC is an integral part of the Resort**** Le Frigate Provence, located on the heights of Bandol, between Marseille and Toulon.

This golf course has two courses:

Frigate - Par 71 - 6,084m

Fregalon - Par 29 - 1,700m

The golf course also offers several practice stations and an on-site golf academy.

The anecdote of the concierges:

The main course has 18 holes par 71, with a view considered one of the most beautiful in Europe.

It is considered as one of the most technical of the French Riviera



KIDS ACTIVITIES

OUTDOOR

Treetop adventure course

Beginner and scenic treetop trails, to discover the exceptional natural setting of the Cassis pine woods. Nestled in the trees, in an exceptional setting, you can evolve on acrobatic and playful workshops in complete safety. Monkey bridge, swing, climbing net, Tibetan bridge... you will have plenty of fun!

Horse riding

At Le Castellet

For an initiation or in freedom, walk in the scrubland to spend a pleasant moment in nature.

In the Camargue

In the heart of the very characteristic Camargue Regional Park, ride on the back of the Camargue horse in the ponds, marshes and on the shores of the Mediterranean.





PRIVATE GUIDE

HIKING, CLIMBING AND VIA CORDATA

Walking the paths is the best way to discover the many facets of the Calanques National Park from the land.

From the hotel, you have access to 3 Calanques for around 3 hours' walking, so you can explore them with or without a guide for a few hours or during the day.

The richness of the route means you can enjoy a hike with unique views.

For the more adventurous, we can organise a via ferrata or rock-climbing outing in the park and its calanques.





PANORAMIC FLIGHT BY HELICOPTER

You'll discover the Parc National des Calanques, a unique site in Europe where the sea has cut deep creeks into the coastline, lined with cliffs that drop into the blue water.

Or choose to explore our beautiful region and its emblematic sites such as the Paul Ricard racetrack or cities like Marseille and Aix-en-Provence.

A suggestion from our concierges:

For even more thrills, we suggest a helicopter tour...
OPEN DOORS!

PANORAMIC FLIGHT BY MICROLIGHT

Microlight is a return to the roots of aviation, with aircraft of recent design.

Aboard microlights fitted with the latest safety equipment, we invite you to discover the beauty of the Provence countryside from the air, alongside passionate aviators.

Choose your model:

ULM A22
WT9

Choose your circuit:

Mont Sainte-Victoire and the Bimont dam
The harbour of Marseille

From the blue coast to Cassis via the harbour of Marseille
The Luberon mountain range, with a stop at Saint Martin de Castillon

The concierges' suggestion:

Discover an exceptional model: the Stampe
A unique replica from the 1930s.





SKYDIVING PARACHUTISING

Departing from Aix en Provence, experience the thrill of a unique tandem skydive with an instructor.

Take the plunge at an altitude of 4,000m for around 40 seconds of freefall, followed by a 5-minute descent under canopy.

You'll have plenty of time to discover Aix-en-Provence, Marseille and the surrounding area from the air!

Take the plunge and experience the thrill of a memorable moment!





PRIVATE LESSON

YOGA & PILATES

Yoga

A session consists of a breathing exercise, a series of postures and then relaxation.

It is possible to do a session in the Calanques National Park.

Pilates

Pilates or Fitness class
(abdos-gluteus type muscle strengthening or HIIT session) facing Cap Canaille on our premises.

Pilates class on TRX
(in suspension) outside at the foot of our magnificent Presqu'île

The concierge's suggestion:

Enjoy a yoga session by our Infinity Pool as the sun sets.



PRIVATE LESSON BY LAURA STELLA

A nutritionist at heart and a sports coach specialising in Pilates, Laura, who hails from Cassis, offers a complete range of nutritional and sports support through high-quality, personalised well-being services.

A former top-level sportswoman who trained in the United States in Los Angeles, it was on her return to France that Laura decided to create a "Nutrition, Sport & Aesthetics" concept.

Choose your pack

3-day detox pack
(2 consultations and 3 pilates sessions, one a day)

5-day detox pack
(2 consultations and 5 pilates sessions, one per day)

3 or 5-day mum-to-be pack
(2 consultations and 3 or 5 adapted pilates sessions, one per day. It is also possible to continue to benefit from follow-up after the stay)



PRIVATE COACH BY NICOLAS FERRERO

Take advantage of a private coach and create the session of your choice, personalised according to your goals.

Whether you're looking to build muscle, lose weight or stay in shape, your coach will be able to adapt to your needs and share his or her experience with you.

The concierge's suggestion:

Enjoy a sports session in the Parc National des Calanques.



MARSEILLE

THE REBEL

With its 2,600 years of history, France's oldest city is full of the most incredible stories! Discovering Marseille is like immersing yourself in a large book, to better understand its extraordinary heritage, its monuments, its 111 districts...

THE MUST-SEES

Mucem

Museum of European and Mediterranean Civilisation
This is a place of exchange on Mediterranean issues, with almost 45,000 m² spread over three sites.

Notre-Dame de la Garde basilica

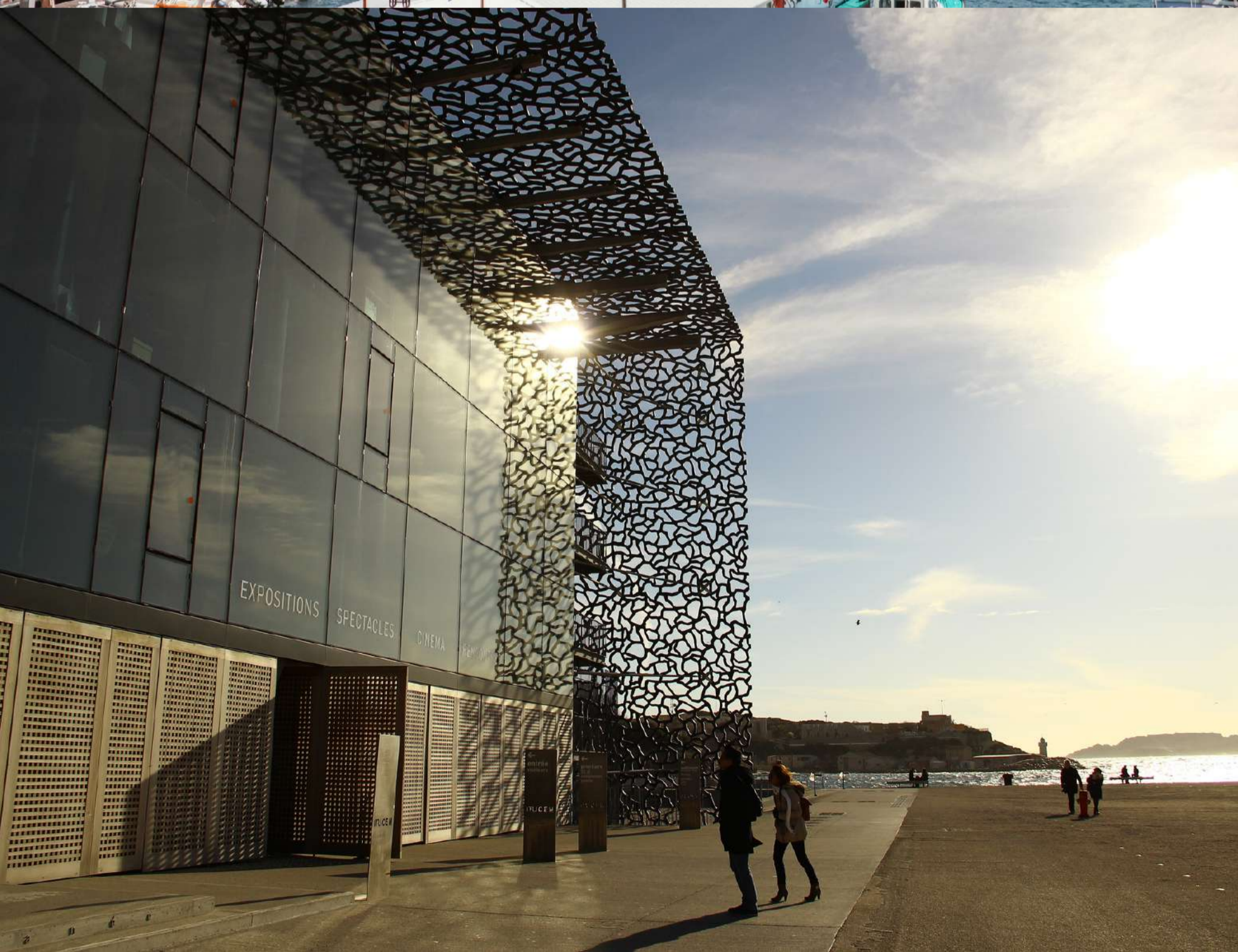
Visit the "Good Mother", as she is known in Marseille, and admire the panoramic view from the top of the hill.

Le Panier

Immerse yourself in the heart of Marseille's oldest district. The best way to enjoy this legendary district is to wander around and get lost in its narrow streets.

The Vieille Charité

The Vieille Charité centre is home to a number of multicultural facilities in Marseille: museums, associations, schools, etc.





AIX EN PROVENCE

THE ARTISTIC

The lively historic centre offers a wide choice of bars, restaurants, fashion boutiques and cafés. The main museums and markets are also located in the centre. A few kilometres away, you'll find some superb wine estates and the landscapes that inspired Paul Cézanne.

MUST-SEES

Paul Cézanne's studio

In a typical Provencal house, you can discover the environment in which the master painted his most famous works.

The Cours Mirabeau

The Cours Mirabeau is one of Aix-en-Provence's most emblematic landmarks. Punctuated by a beautiful avenue of plane trees, it's a great place to stroll and appreciate the charms of its beautiful façades.

Hôtel de Caumont

Dating back to the 18th century, the Hôtel de Caumont, a listed historic monument in the heart of the Mazarin district, is a major cultural landmark in Aix-en-Provence.





PORQUEROLLES & LES EMBIEZ PARADISE ISLANDS

PORQUEROLLES

A spectacular, unspoilt island off the coast of Hyères.

Take time to stroll around and discover the village, founded in 1820, on foot or by bike.

Continue your walk and stop off at one of the fine sandy beaches to enjoy the turquoise waters.

Finally, don't miss a visit to the Fondation Carmignac, which has two main focuses, a collection of contemporary art that currently comprises over 300 works and the Photojournalism Prize.

LES EMBIEZ

Famous for its lush greenery, creeks, wild coves, rocks sculpted by the sea and crystal-clear seabed.

The Beaches

Wild beaches and coves that border the sea, at the bend of a path or nestling in the rocks.

Paul Ricard exhibition

The exhibition traces the story of a man of many identities.